

中信科技大學 四年制 高齡健康照護系 日間部 課程規劃表(適用114學年度入學)
CTBC UNIVERSITY OF SCIENCE AND TECHNOLOGY Department of Gerontological Health Care-Day Division (Effective from Fall 2025)

科目名稱 Subject		第一學年 1st school year				第二學年 2nd school year				第三學年 3rd school year				第四學年 4th school year				
		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		
		學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	
校訂課程 Stipulated Courses	通識基礎必修 Required General Education Courses	中文閱讀與表達(1)(2) Chinese Reading and Expression(1)(2)	2/ 2		2/ 2													
		服務教育與大學社會責任(1)(2) Service Education and University Social Responsibility (1)(2)	1/ 1		1/ 1													
		體育(1)(2)(3) Physical Education(1)(2)(3)	2/ 2		2/ 2		2/ 2											
		多元語言 Multilingual Learning					2/ 2											
		英文聽力與閱讀(1)(2) English Listening and Reading(1)(2)					2/ 2		2/ 2									
		小計 Subtotal	5/ 5		5/ 5		6/ 6		2/ 2		0/ 0		0/ 0		0/ 0		0/ 0	
		通識博雅必修 Required Liberal Arts Courses	健康與生活 Health and Life	2/ 2		2/ 2												
	創意思考與訓練 Creative Thinking and Training			2/ 2														
	博雅與跨域學習(1) Liberal Arts and Interdisciplinary Learning(1)					2/ 2												
	資訊與智慧生活 Information and Smart Life					2/ 2												
	生命與永續 Life and Sustainability							2/ 2		2/ 2								
	人文與社會 Humanities and Social Sciences									2/ 2								
	藝術與美感 Art and Beauty											2/ 2						
	小計 Subtotal	2/ 2		4/ 4		4/ 4		2/ 2		4/ 4		2/ 2		0/ 0		0/ 0		
	一般選修 General Elective Courses	全民國防教育軍事訓練(1)(2)(3)(4) National Defense Education and Military Training (1)(2)(3)(4)	2/ 2		2/ 2		2/ 2		2/ 2									
博雅與跨域學習(2)(3)(4)(5) Liberal Arts and Interdisciplinary Learning(2)(3)(4)(5)							2/ 2		2/ 2		2/ 2		2/ 2					
小計 Subtotal	2/ 2		2/ 2		2/ 2		4/ 4		2/ 2		2/ 2		2/ 2		0/ 0			
專業必修課程 Professional Required Courses	院必修課程 Required College Courses	行銷管理 Marketing Management	2/ 2															
		職業倫理 Professional Ethics	2/ 2															
		健康生活型態 Healthy Lifestyle			2/ 2													
		探索教育實務 Exploratory Education Practices			2/ 2													
		促銷與活動實務 Promotion and Activities Practice					2/ 2											
		簡報製作與表達 Presentation and Expression					2/ 2											
		創意實作 Creative Design and Implementation							2/ 2									
		小計 Subtotal	4/ 4		4/ 4		4/ 4		2/ 2		0/ 0		0/ 0		0/ 0		0/ 0	
	系必修課程 Required Department Courses	精準健康產業AI技術應用 AI Technology Application in Precision Health Industry	2/ 2															
		照護學導論 Introduction to Care Studies	2/ 2															
		數位健康照護 Digital Health Care			2/ 2													
		解剖生理學 Anatomy and Physiology			2/ 2													
		醫藥行銷學 Pharmaceutical Marketing					2/ 2											
		藥理學 Pharmacology							2/ 2									
		高齡健康照護學 Elderly Health Care Studies							2/ 2									
藥廠門市管理 Management of Pharmaceutical and Cosmetic Store									2/ 2									
高齡心理學 Gerontological Psychology									2/ 2									
復健護理學 Rehabilitation Nursing									2/ 2									
芳香療法與精油保健 Aromatherapy and Essential Oil Health Care											2/ 2							
失智與居家照護 Dementia and Home Care											2/ 2							

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	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours
實務專題(1)(2)(3)(4) Practical Projects (1)(2)(3)(4)					2/ 2			2/ 2			2/ 2			2/ 2		
小計 Subtotal	4/ 4		4/ 4		4/ 4		6/ 6		8/ 8		6/ 6		0/ 0		0/ 0	
系專業選修課程 Professional Elective Courses	銀髮體適能概論 Introduction to Fitness for Seniors	2/ 2														
	頭皮毛髮護理基礎概論 Basic Introduction to Scalp and Hair Care	2/ 2														
	人際溝通 Interpersonal Communication	2/ 2														
	藥膳學 Study of Medicinal Cuisine	2/ 2														
	生物統計學 Biostatistics	2/ 2														
	健康照護人力資源管理學 Human Resource Management for Healthcare	2/ 2														
	運動生理學 Exercise Physiology			2/ 2												
	頭皮基礎清潔與護髮療程手技 Fundamental Scalp Cleaning and Hair Care			2/ 2												
	化妝品科技概論 Introduction to Cosmetic Science			2/ 2												
	高齡諮詢與生涯規劃 Counseling and Career Planning for Seniors			2/ 2												
	團藝治療概論 Introduction to Group Art Therapy			2/ 2												
	人類老化概論 Introduction to Human Aging					2/ 2										
	體重控制與營養 Weight Management and Nutrition					2/ 2										
	非營利組織概論 Introduction to Non-Profit Organizations					2/ 2										
	皮膚生理學 Skin Physiology					2/ 2										
	研究方法 Research Methods					2/ 2										
	頭皮養護療程解析 Analysis of Scalp Care Treatments							2/ 2								
	頭皮舒壓技巧與按摩 Scalp Stress Relief and Massage Techniques							2/ 2								
	健身器材操作與應用 Machine Operation Comprehensive Examination							2/ 2								
	高齡科技輔具應用實作 Practical Application of Elderly Assistive							2/ 2								
	居家照顧技巧 Home Care Skills							2/ 2								
	銀髮保健食品開發銷售 Development and Sales of Health Supplements for									2/ 2						
	國際健康照護溝通 International Health Care Communication									2/ 2						
	健康保險與支付制度 Health Insurance and Payment Systems									2/ 2						
	靈性照護 Spiritual Care									2/ 2						
	臨終關懷與實務 End-of-Life Care and Practice									2/ 2						
	保健營養學 Health Nutrition									2/ 2						
	短影音行銷與客戶接待技巧 Short Video Marketing and Customer Reception									2/ 2						
	運動處方規劃 Exercise Prescription Planning										2/ 2					
	高齡財務管理與信託 Elderly Financial Management and Trust										2/ 2					
	輔助與另類療法 Complementary and Alternative Therapies										2/ 2					
	長期照護需求評估與運用 Long-term Care Needs Assessment and Application										2/ 2					
醫藥倫理與藥事法規 Medical Ethics and Pharmaceutical Regulations												2/ 2				
養生膳食料理 Health Diet Cooking													2/ 2			
長照事業經營與管理 Long-term Care Business Operation and														2/ 2		
高齡時尚照護 Elderly Fashion Care														2/ 2		

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健康照護創新與創業 Health Care Innovation and Entrepreneurship															2/ 2			
個案管理與照顧管理 Case Management and Care Management															2/ 2			
樂齡產業研究 Aging Industry Research																2/ 2		
自媒體與社群經營 Self-Media and Social Media Management																2/ 2		
高齡活動設計與規劃 Senior Activity Design and Planning																2/ 2		
學期校外實習 Semester Internship Off-Campus																9/		
校內實習(1)(2)(3)(4)(5)(6) On-campus practice(1)(2)(3)(4)(5)(6)	2/ 2		2/ 2		2/ 2		2/ 2		2/ 2		2/ 2		2/ 2					
健康管理專業訓練(1)(2)(3)(4)(5)(6) Professional Training in Health	2/ 2		2/ 2		2/ 2		2/ 2		2/ 2		2/ 2		2/ 2					
小 計 Subtotal	16/ 16		14/ 14		14/ 14		14/ 14		18/ 18		12/ 12		12/ 12		15/ 6			
擬開最低選修學分 Proposed Minimum Elective Credits	合 計 Total		6/ 6		6/ 6		4/ 4		6/ 6		2/ 2		2/ 2		8/ 8		6/ 6	
備註 Note	114年07月08日 校課程發展委員會會議通過Amended Date : 2025-07-08																	
	<p>一、畢業總學分至少128學分： The total number of credits completed to be eligible to graduate shall not be less than 128 credits.</p> <p>1.校訂必修36學分(含通識基礎必修18學分、通識博雅必修18學分)。 The stipulated compulsory credits shall be 36 credits.(18 credits for required general education courses, and 18 credits for required liberal arts courses.)</p> <p>2.專業必修46學分(院必修14學分、系必修32學分)。 The professional compulsory credits shall be 46 credits.(14 credits for required college courses, and 32 credits for required department courses.)</p> <p>3.系專業選修至少34學分。 The professional elective credits shall be not less than 34 credits.</p> <p>4.跨系選修至多12學分。 The number of inter-department elective credits shall be up to 12 credits.</p> <p>※「微學分課程」最多採計12學分。 The number of 'Micro-Credit Courses' credits shall be up to 12credits.</p> <p>二、畢業門檻 Graduation Threshold： 1.學生於修業年限內，應修畢「校訂必修」、「專業必修」、「系專業選修」、「跨系選修」共計128學分。 Students are required to complete a total of 128 credits of " Stipulated Compulsory Course", "Professional Compulsory Course", "Department Professional Elective Course", and "Inter-College Elective Courses " within their academic years.</p> <p>2.系專業能力門檻(依中信科技大學OOOO系畢業門檻實施要點辦理)。 Department Professional Threshold ()。</p> <p>3.英文能力門檻(依中信科技大學輔導學生取得英檢證照實施辦法辦理)。 English Proficiency Threshold (Far East University Regulations of Tutoring Students to Get English Proficiency Certificates)</p> <p>三、校訂課程 Stipulated Courses： 1.校訂課程不須依先後順序修課，不得互抵者，包括「中文閱讀與表達(1)(2)、英文聽力與閱讀(1)(2)、體育(1)(2)(3)」課程。 Stipulated courses are not required to be taken in sequence and the credits shall not be mutually transferred, including 「Chinese Reading and Expression(1)(2), English listening and reading (1)(2), and physical education (1)(2)(3)」 courses.</p> <p>2.校訂課程不須依先後順序修課，得互抵者，包括「服務教育與大學社會責任(1)(2)」、「博雅與跨域學習(1)(2)(3)(4)(5)」課程。 Stipulated courses are not required to be taken in sequence and those that may be mutually complemented by each other may be only "Service Education and University Social Responsibility (1) (2)" and "Liberal Arts and Interdisciplinary Learning (1)(2)(3)(4)(5)".</p> <p>3.校訂課程不須依先後順序修課，包括「全民國防教育軍事訓練(1)(2)(3)(4)」課程。 Stipulated courses are not required to be taken in sequence, including National Defense Education (1)(2)(3)(4).</p> <p>四、專業課程 Professional Courses：(△請各系明確說明專業課程，有無先後修課順序，是否可互抵)) 1.「實務專題(1)(2)(3)(4)」課程應依先後順序修課，得/不得互抵。 Project(1)(2)(3)(4) shall be taken in sequence and may complement each other.</p> <p>2.「校內實習(1)(2)(3)(4)(5)(6)」課程無先後順序修課，得互抵。 There is no order in which to take the courses in On-campus practice(1)(2)(3)(4)(5)(6) and they can be offset against each other.</p> <p>3.「經營管理專業訓練(1)(2)(3)(4)(5)(6)」課程無先後順序修課，得互抵。 There is no order in which to take the courses in Professional Training in Health Management(1)(2)(3)(4)(5)(6) and they can be offset against each other.</p>																	